



How to Find Your Bracelet Size

The measurements you need to take will depend on the piece of jewelry. You can find your bracelet type below. The easiest way to measure your wrist or your hand circumference is to use a flexible measuring tape. Alternatively, you can use a piece of string which you can then measure against a ruler.

Using String or Ribbon to Measure Wrist Size:

Wrap a piece of string (or ribbon) around your wrist where you will wear the bracelet. Make a mark on the string where the end meets the rest of the string. Remove the string and lay it on a ruler. Use this measurement as your wrist size.

Measuring for Cuff Bracelets:

A cuff is a rigid bracelet band with an opening that you slip over your wrist. For cuff bracelets, the measurement will be the circumference of your wrist **over the wrist bone**.

The cuff bracelets you see on our site are measured from end to end. This measurement does NOT include the gap at the back. In other words, if you were to flatten out the bracelet, the measurement would be from one end of the metal to the other.

Therefore, you'll need to take your wrist size and subtract about an inch.

For example, if your wrist measures 6.5 inches - 1 inch = 5.5 inches. Because 5.5 inches is less than 6 inches, a 6 inch cuff will fit.

Measuring for Bangle Bracelets:

Bangles are bracelets in the form of rigid rings without a clasp. You must slip them over your hand to wear them. To find out what bangle size you are, **measure your hand**, not your wrist. Measure the circumference of your fist or diameter of the widest part of your hand, which is generally the base of the knuckles. HINT: If you already have a bangle that fits you, simply measure the inside diameter of it and compare it to the diameter size chart.

1. Hold your hand as if you were putting on a bangle. Bring all your fingers together with your thumb and little finger touching.
2. Measure around the hand at the widest point with a tape measure or a strip of paper. Be sure to pull the paper or tape measure snug against your skin. This measurement is the circumference of your hand.
3. Use the following chart to determine the diameter of your hand, based on the circumference. After determining the diameter, choose a bangle that's at least 1/4 inch larger in diameter than the diameter measurement of your hand.

Convert Hand Circumference to Diameter

7-1/2 inches equals approximately 2-3/8 inches in diameter – small

8-1/4 inches equals approximately 2-5/8 inches in diameter – medium

8-5/8 inches equals approximately 2-3/4 inches in diameter – large

Bracelet with Clasp:

Bracelets or Bangles with a clasp do not need to be slipped over the hand, they only must fit around your wrist. Measure the circumference of your wrist with a measuring tape, or string and a ruler.